

# BALLS TO THE NEWS

A PUBLICATION DEDICATED TO THE CULTURE OF THE PORTLAND DODGEBALL LEAGUE AND HOW RIDICULOUSLY FUN THIS SPORT IS.

Issue 1

Sometime in early November, 2008



## What makes a solid team name?

### By The Green Lantern

This season the league has some excellent new team names: Ball Snatchers, Fluffy Bunnies, Ball Bag, and the Hurlers of Whistling Death? But what does a good dodgeball team name entail? I believe the name can't be too long, too witty, or too rated R. It probably has to include things related to balls, dodging, quick movement, Chuck Norris, destruction, or forces of nature. The name has to make people stop and wonder what that particular team had in mind. It is also my opinion that the players on the team should somewhat resemble the character implied by their team name.

I've looked around at names of teams in other leagues and often find myself laughing. Don't you wonder who plays on the Battle Donks, Granny Smith's Beat Down, or the Guerilla Bombers in the Boston league? What about the Lizards of Satan and the Gym Class Warriors from Manhattan?

We are always looking forward to new teams in the league. This winter we anticipate at least twelve with corresponding names that will hopefully make us stop and wonder what the heck they were thinking or what characters will enter the arena.

**Dodgeball Lingo:** "Dip", the action of squatting and moving horizontally back and forth while trying to avoid an incoming throw.

**Dodgeball Fun Fact:** There are currently 47 variations of dodgeball, including Bombardment, Ga-Ga, Prison Ball, and Scramble to name a few.

## Play by Play

Re-capping the action to date.

### By The Green Lantern

The dynamic this season by having two divisions on separate nights has created a buzz within the league. Folks are wondering, who are those guys on Tuesday? Or who has the best arm on Thursday? So far the team everyone is gunning for is the Tuesday Scorcher Division's Fluffy Bunnies. Their pure athleticism and confidence has created impressive results. Is there a chink in the armor? Dare I say one particular opponent may be having secret practices to sharpen their skillz in anticipation of a playoff match-up? Oh no I didn't.

In the Thursday Stinger Division the teams are fairly even. With any dodgeball season, the new teams are finding their way over the learning curve. But who will make it to the big dance? The SF's, Isotopes, Dalls Beep, Killers, or the up and coming Hurlers?

Stay Tuned....

## Sweet Photo



## Featured Player

### Matt Gilman

Home town:

Lincoln, MA

Nickname:

"Rusty Gate"



**Team:** Isotopes, Stinger Division

**Strengths:** Relentless dodges & dives, team spirit "Go Topes!"

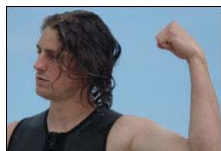
**Weaknesses:** Hangovers, stiff arm, "I care too much!"

**Favorite Food:** Steak Tips & Potatoes

**Favorite Beer:** PBR

**If I'm not at dodgeball I'm most likely:** "Working out the arm!"

## The Torch's Corner: Strategy tips on the court



At the start of a game when both teams are at full strength, if your team has less balls in your possession than your opponent don't throw first. Wait for the team with more balls to throw, it is very hard for 6 people to dodge 6 balls at the same time.

Also, Don't dodge balls that are easy to catch but at the same time don't try to catch balls that are easy to dodge...along with this don't duck balls you should dip and don't dip balls you should be ducking.

Balls to the News wants you! Contribute to our twice a month newsletter with a column, quote, or story. Contact: pat@cascoabaysports.com